

Foundation Course Time Table (2025-26)				GMERS Medical College, Sola, Ahmedabad (Venue: Lecture Hall 02)		
Time	10am -11am	11am - 12pm	12pm - 01 pm	02pm - 03pm	03pm - 04pm	04pm - 5pm
29-09-2025 Monday	Welcome to New Students		Group discussion with parents	Hostel accommodation		
30-09-2025, Tuesday	Dept. of Anatomy (General orientation: New & Old Students Introduction)			Dept. of Anatomy (General Orientation)		
01-10-2025 Wednesday	FCM - 4G (Heart fullness & relaxation)- Dr. Lata (Dept. of Physiology)	General Orientation: Physiology (1-100) Biochemistry (101 onwards)		General Orientation: Physiology (101 onwards) Biochemistry (1-100)		Sports & Extracurricular activity (Dr. Maulik Patel, Dr. Maulik Nayak, Dr. Brijesh Patel)
02-10-2025, Thursday	Sports & Extracurricular activity (Dr. Maulik Patel, Dr. Maulik Nayak, Dr. Brijesh Patel)					
03-10-2025 Friday	FCM - 4G (Heart Fullness & Relaxation) - Dr. Lata (Dept. of Physiology)	Mentor Mentee Program -Dr. Padma (Dept. of Anatomy)	FCM - 4I (Anti-raging + Gender harassment) - Dr. Gaurang (Dept. of Forensic Medicine)	FCM-2D (Waste management) - Dr. Rosy (Dept. of Microbiology)	THOTA/Organ Donation - Dr. Hemang Panchal (Dept. of Surgery)	
04-10-2025 Saturday	FCM - 4G (Heart fullness & relaxation) - Dr. Lata (Dept. of Physiology)	FCM - 4G (Introduction of reflection) - Dr. Rizwan (Dept. of Physiology)	FCM - 1D (IMG roles/overview MBBS Curriculum) - Dr. Bhumika (Dept. of Pharmacology)	FCM - 3A Field visit (Community Medicine)		
05-10-2025, Sunday	Sports & Extracurricular activity (Dr. Maulik Patel, Dr. Maulik Nayak, Dr. Brijesh Patel)					
06-10-2025 Monday	FCM - 1E (Family Practice)- Dr. Vaishali (Dept. of Community Medicine)		FCM - 1C (History of Medicine and alternate systems) - Dr. Gneya Bhatt (Dept. of Community Medicine)	FCM - 3A Field visit (Community Medicine)		
07-10-2025 Tuesday	FCM - 3A (National Health goals and policies/health Care system/community health) - Dr. Shailesh (Dept. of Community Medicine)		FCM - 4G (Physiology of Yoga) - Dr. Lata (Dept. of Physiology)	FCM -4G (Time Management) - Dr. Vanita (Dept. of Physiology)	FCM - 2B (Basic Life Support) -Dr. Alka (Dept. of Anaesthesia)	
08-10-2025 Wednesday	FCM - 1A (College and University rules) - Dr. Bhavik (Dept. of Anatomy)	FCM - 1B (Role of Doctors in the Society) - Dr. Usha (Dept. of Pharmacology)	FCM- 4A Concept of Professionalism & Ethics -Dr. Geeta (Dept. of Pharmacology)	FCM - 2A & 2B (First Aid)- Dr. Chintan (Dept. of Orthopedic)	FCM 4J (Memory) - Dr. Ritesh Karia (Dept. of Physiology)	FCM - 4J (Learning)- Dr. Jitendra (Dept. of Anatomy)
09-10-2025 Thursday	FCM - 4G Physiology of Pranayama and Meditation- Dr. Lata (Dept. of Physiology)	FCM - 4G (Stress management & Time) - Dr. Pradhyuman (Dept. of Psychiatry)	FCM-4E (Disability Competencies)- Dr. Pradhyuman (Dept. of Psychiatry)	FCM - 3A Field visit (Community Medicine)		
10-10-2025 Friday	FCM - 4G (Physiology of Sports) - Dr. Anup (Dept. of Physiology)	FCM - 4C (Professional behaviour and altruistic behaviour) - Dr. Ashna (Dept. of Pharmacology)		FCM - 3A Field visit (Community Medicine)		
11-10-2025 Saturday	Introduction to AETCOM -Dr. Vanita (Dept. of Physiology)	FCM - 2C (Universal Precautions) - Dr. Dhruvin (Dept. of Respiratory Medicine)	FCM - 2E (Immunization) - Dr. Qury, Dr. Fatema Kachwala (Dept of Community Medicine & Pediatrics)	Sports & Extracurricular activity (Dr. Maulik Patel, Dr. Maulik Nayak, Dr. Brijesh Patel)		
12-10-2025, Sunday	Sports & Extracurricular activity (Dr. Maulik Patel, Dr. Maulik Nayak, Dr. Brijesh Patel)					

1. Venue for lectures at lecture hall no.1
2. Attendance records of these activities shall be maintained by concerned Departments

Copy to:

1. Professor & Head, Dept. of Anatomy, Physiology, Biochemistry, Community Medicine, Pharmacology, Microbiology, Forensic Medicine, Orthopaedics, Respiratory Medicine, Anaesthesia, Pediatrics, Psychiatry, Surgery
2. Boys / Girls Hostel
3. College notice board

21/10/25
Co-ordinator
Skill Lab./ Medical Education Unit
GMERS Medical College
Sola, Ahmedabad

Dean
GMERS Medical College, Sola, Ahmedabad